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Amount of Required Physical Education: The state requires students to take physical education in grades 1-8. High schools are required to provide physical education⁸⁴ as an elective but students are not required to take it. The state does not have a method for enforcing the requirements.

Physical Education Equipment and Facilities: The state does not annually assess the availability of appropriate equipment and adequate facilities for students to engage in required physical education instruction.

High School Graduation Requirements: The state does not have a requirement for the number of high school physical education credits needed for graduation.

Substitutions: The state permits students to substitute one season in any sport recognized by the Idaho High School Activities Association or club sport recognized by the local school district, or 18 weeks of a sport recognized by the local school district for up to 1.0 physical education credit. Students must also show mastery of the physical education content standards in a format determined by the school district.⁸⁵

Exemptions/Waivers: The state does not permit schools or school districts to apply for a waiver from the state physical education requirements. Students may not apply for an exemption from physical education requirements.

Physical Activity: The state does not require elementary schools to provide daily recess and does not require a minimum weekly amount of physical activity time for elementary, middle school/junior high, or high school students. Classroom physical activity breaks are not required. The state does not prohibit the use of withholding physical activity, including recess, as punishment for disciplinary reasons. It does not prohibit the use of physical activity as punishment for inappropriate behavior.

Local School Wellness Policy: The state requires schools or school districts to provide their local school wellness policy to the state education agency and to post it online for the public. It monitors implementation of local school wellness policies in a report to the state.

State Standards: The state has adopted standards for physical education.⁸⁶ [The Idaho Content Standards for Physical Education](#) were last revised in 2015; the revised standards go to the state board of education in 2016 and to the state legislature in 2017. Prior to 2015, they were revised in 2010.

Areas addressed in the state standards include:

National Standard 1: Competency in a variety of motor skills and movement patterns

National Standard 2: Knowledge of concepts, principles, strategies and tactics related to movement and performance

National Standard 3: Knowledge and skills to achieve and maintain a health-enhancing level of physical activity and fitness

National Standard 4: Responsible personal and social behavior that respects self and others

National Standard 5: Value of physical activity for health, enjoyment, challenge, self-expression and/or social interaction

State Curriculum: The state requires schools and school district to use a curriculum aligned with the state standards for physical education, but does not require the use of specific curricula for elementary, middle school/junior high or high school physical education. Districts may choose to purchase any state-approved curriculum. The standards are revised every six years. In the past year the state has distributed written physical education curriculum, goals and objectives of physical education; student learning benchmarks; a chart describing scope and sequence for physical education and lesson plans or learning activities for physical education to schools or school districts. It has also promoted use of the Physical Education Curriculum Analysis Tool (PECAT) through state communications networks and presentation(s) on its use at state conferences or meetings.

State Funding for Physical Education Programs: General education funding (at the discretion of each district) is available for the state's physical education programs in school districts and schools. No additional funding is available for physical education programs.

Class Size: The state does not have a required student-teacher ratio for classes.

Grade Point Average (GPA): The state does not require physical education grades to be included in a student's GPA.

Online Physical Education Courses: Online physical education classes are offered.

Student Assessment Requirements: The state does not require student assessment related to state physical education standards.

Fitness Assessment: The state does not require student physical fitness assessment.

Body Mass Index (BMI): The state does not require schools to collect students' BMI or height and weight.

Certification/Licensure of Physical Education Teachers: The state requires physical education teachers to be state certified/licensed and endorsed to teach physical education at the high school levels. It does not require physical education teachers to pass a physical education certificate/licensure exam before they are endorsed to teach physical education. Elementary classroom teachers (generalists) are allowed to teach required elementary school physical education classes.

Professional Development of Physical Education Teachers: Professional development is required in order to maintain/renew one's physical education teacher certification or licensure, and this professional development does not have to be on physical education topics. State funding is provided for this professional development specifically for physical education teachers.

Teacher Evaluation: The state has a teacher evaluation system for all teachers.

National Board Certification: The state supports the National Board Certification process.

District Physical Education Coordinator: The state does not require each school district to have a licensed physical educator serving as a physical education coordinator. It has designated staffing (<1.0 FTE) to oversee implementation, compliance, technical assistance, or monitoring of physical education programs in school districts and schools.

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84 Idaho Admin. Code r. 08.02.03.104 (2015); Idaho Code § 33-1605 (2015).

85 Idaho Admin. Code r. 08.02.03.105 (2015).

86 Idaho Admin. Code r. 08.02.03.004 (2015). INCORPORATION BY REFERENCE.